



BOYS & GIRLS CLUBS
OF THE CAPITAL AREA



BOYS & GIRLS CLUBS
OF THE CAPITAL AREA
THE TRUSTED PROVIDER:
After School & Summer Camp
CapitalAreaKids.org

2025-26 FALL PROGRAM GUIDE

Albany Clubhouse, 21 Delaware Ave, Albany, NY 12210

Troy Clubhouse, 1700 7th Ave, Troy, NY 12180

BGCCapitalArea.org



Troy Boys & Girls Club
1903
Celebrates 100 Years of Service to Youth



BOYS & GIRLS CLUB **ALBANY, NY**

AGES 5-12

Albany Clubhouse AfterSchool Program

September 15 - June 26*

Monday - Friday 2:30 - 5:30 PM

(Extended Friday for KIPP students: 12:30-5:30 PM)

Rate: \$700/month. DSS is accepted. Scholarship available for non-DSS qualified families.

Enriching childcare for Albany City School District after school hours for youth ages 5-12.

*(Follows district calendar, does not include school breaks, holidays or snow days, subject to change.)

Albany Clubhouse Vacation Days

8:00 AM - 5:30 PM

Daily rate: \$60. DSS accepted. Scholarship available for non-DSS qualified families.

Full day childcare for school holidays and breaks for youth ages 5-12.

LEAPS AfterSchool Enrichment Program

September 22 - May 29

Monday - Friday

2:00 - 5:30 PM (ASH, PHES, and Toast)

3:30 - 6:30 PM (DCS and AHES)

Free to income qualified families.

Soccer for Success

September 15 - November 7

Ages 5-8: Monday & Wednesday 4:00 - 5:00 PM

Ages 9-12: Monday & Wednesday 5:00 - 6:00 PM

Provides underserved communities with access to innovative play spaces and evidence-based soccer programs that support youth physical and mental well-being.

Lyricism 101

September 15 - November 7

Ages 8-12: Tuesdays & Thursdays 4:00 - 5:30 PM

The program gives teens an opportunity to tell their stories, build community and express their artistic visions through the music with music appreciation and audio engineering.

Smart Moves

September 15 - November 7

Ages 5-8: Tuesday & Thursdays 4:00 - 5:00 PM

A team approach that involves Club staff, peer leaders, parents and community representatives. Young people engage in discussion and role-playing, practicing resilience and refusal skills, developing assertiveness, strengthening decision-making skills and analyzing media & peer influence.

Family Fun Nights

09/26: Trivia / Game Night

10/24: Halloween

11/21 Indigenous Craft Fair and Scavenger Hunt

6:00 - 8:00 PM

Geared towards ages 5-12, all ages welcome; parent or guardian must attend and supervise. Free activities and food for families to spend quality time together and socialize.

AGES 13-19

Total Teen Takeover Clubhouse Hours

Mon - Thurs 4:00 - 8:00 PM

Fridays 4:00 - 8:30 PM

Teens have a safe place to hang out with friends in the game room, get homework done in the computer lab, create music in the music studio, or play in the gym. Activities and open rooms vary. See schedules for room availability.

Operation Safe Zone Teen Nights

9/12, 9/19, 10/3, 10/10, 10/17, 10/31, 11/7, 11/14

The Clubhouse is open 6:00 - 8:30 PM on Friday nights with free food and fun.

Lyricism 101

September 15 - November 7

Mondays 6:00 - 8:00 PM

The program gives teens an opportunity to tell their stories, build community and express their artistic visions through the music of all genres. Music appreciation and Audio Engineering are key components.

Keystone Club

September 15 - November 7

Mondays 4:30 - 7:30 PM

Leadership development opportunities for young people ages 14 to 18. Activities are in three focus areas: academic success, career preparation and community service.

Digital Orchestra

Tuesdays & Thursdays 6:00 - 8:00 PM

A concept derived from Tyara Burnett of 518 Positive Reinforcement, students utilize the "Akai" music product line of the MPC production machines to compose musical works. Students gain aptitude in Steady Beat, Rhythm, Tempo and Music Production. Perfect for students who have an ear for music but cannot play an instrument.

Skillastics Girls Basketball

September 15 - November 7 Girls ages 12-18

Tuesdays & Thursdays 6:00 - 8:00 PM

Dream Team Basketball League

September 15 - November 7

Wednesdays 6:00 - 8:00 PM

Career Launch

Tuesdays, Wednesdays & Thursdays 5:00 - 6:30 PM

Encourages Club members ages 13 to 18 to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's workforce.



START HERE!

Scan to sign up for Club programs.

ALBANY Ages 13-19
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BOYS & GIRLS CLUB **TROY, NY**

AGES 5-12

Troy Clubhouse AfterSchool Program

September 15 - June 26*

Monday - Friday 2:30 - 5:30 PM

(Extended Friday for KIPP students 12:30 - 5:30 PM)

Rate: \$700/month. DSS is accepted. Scholarship available for non-DSS qualified families.

Provides enriching childcare in Troy during after school hours for ages 5-12.

**(Follows district calendar, does not include school breaks, holidays or snow days, subject to change.)*

Troy Clubhouse Vacation Days

8:00 AM - 5:30 PM

Daily rate \$60. DSS accepted. Scholarship is available for non-DSS qualified families.

Full day childcare ages 5-12 for school holidays & breaks.

LEAPS AfterSchool Enrichment Program

Carroll Hill, School 2, School 14

September 22 - May 29

Monday - Friday 2:00 - 5:30 PM

Free to income qualified families.

Soccer for Success

September 15 - November 7

Tuesdays & Thursdays 5:00 - 6:00 PM

Provides youth with access to innovative play spaces and evidence-based soccer programs that support youth physical and mental well-being. For youth ages 5-8.

Music Makers

Ages 8-12

September 15 - November 7

Wednesdays & Fridays 4:00 - 5:00 PM

Music Makers inspires young people to produce music and to create their life soundtrack. Music Makers promotes young people's natural love of music and increases their appreciation, while building their skills to express themselves using instruments like piano, guitar and drums.

CYO Basketball League

Ages 11-14

Mondays or Wednesdays 6:00 - 8:00 PM

Middle School Basketball Team that plays games throughout the Capital Area, giving youth the opportunity to travel, represent their community, and build lasting relationships with peers and coaches from diverse backgrounds.

Family Fun Nights

09/19: Trivia / Game Night

10/17: Halloween

11/14 Indigenous Craft Fair and Scavenger Hunt

6:00 - 8:00 PM

Geared towards ages 5-12, all ages welcome; parent or guardian must attend and supervise. Free activities and food for families to spend quality time together and socialize.

AGES 13-19

Total Teen Takeover Clubhouse Hours

Mon - Thurs 4:00 - 8:00 PM

Fridays 4:00 - 8:30 PM

Teens will find a safe place to hang out with friends in the game room, get homework done in the computer lab, create music in the music studio, or play in the gym. Activities and open rooms vary. See schedules for room availability.

Operation Safe Zone Teen Nights

9/12, 9/26, 10/3, 10/10, 10/24, 10/31, 11/7, 11/21

The Clubhouse is open 6:00 - 8:30 PM on Friday nights with free food and fun.

Lyricism 101

September 15 - November 7

Tuesdays, Wednesdays, Thursdays 6:00 - 8:00 PM

The program gives teens an opportunity to tell their stories, build community and express their artistic visions through the music of all genres. Music appreciation and Audio Engineering are key components.

Keystone Club

September 15 - November 7

Mondays & Thursdays 5:30-7:00 PM

Leadership development opportunities for young people ages 14 to 18. Youth participate in activities in three focus areas: academic success, career preparation and community service.

CYO Basketball Teams

Ages 11-14

Mondays or Wednesdays 6:00 - 8:00 PM

Middle School Basketball Team plays games throughout the Capital Area giving youth the opportunity to travel, represent their community, and build lasting relationships with peers and coaches from diverse backgrounds.

Career Launch

Tuesdays, Wednesdays & Thursdays 5:00 - 6:30 PM or

Tuesdays, Wednesdays & Thursdays 6:30 - 8:00 PM

Encourages Club members ages 13 to 18 to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's workforce.

Up Next Programs

Provides teens with work experience right in the Club, where they can learn and practice key employability skills. Participation puts teens at the front of the line – or “Up Next” – for desirable placements in the workforce.



START HERE!

Scan to sign up for Club programs.

TROY Ages 13-19
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Up Next Program

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ARPA Workforce Program

Participants attend the Career Launch program and get work experience by shadowing and assisting personnel in a wide variety of roles, including youth mentorship, custodian or clerical roles. Upon successful completion of the program, participants receive a \$250 stipend towards career development needs (uniform or work attire, courses or certifications etc.)

LIGHT Youth Employment Program

Participants register through the City of Albany for the LIGHT YEP. Participants who are placed with the BGCCA will participate in Career Launch and get work experience by serving as mentors in our AfterSchool programs. Participants are paid an hourly wage through the City of Albany. For more information or to register for the LIGHT YEP, please contact Albany's Department of Youth and Workforce services at SYEP@albanyny.gov or 518-438-1082.

FAMILY/ ADULTS

First Time Home Buyer's Seminar

Albany Clubhouse

Wednesday, October 1 6:30-8:00 PM

Rooms: Workforce and Performance

This information session gives adults the knowledge and tools to prepare financially for purchasing their first home. Includes an adult component as well as a separate seminar for kids ages 5-12 on their own financial literacy (to ensure we have a childcare option for parents who attend.)

EVENTS

Back to School BBQ

Albany Clubhouse

Wednesday, September 3 11:00 AM - 2:00 PM

Reconnect with friends, with free youth haircuts and school supplies giveaway.

Stop the Violence Rally

Dana Park at Lark Street & Delaware Ave

Tuesday, November 11 12:00-2:00 PM

This peaceful event provides a call to action and a call for unity around the ongoing gun violence in the Capital Area. The annual rally includes community speakers and performances by Club youth. This Project Rise event is held on Veteran's Day enabling students to attend on their day off from school.



WIOA Workforce Program

Participants attend Career Launch program and get work experience by shadowing and assisting personnel in a wide variety of roles, including youth mentorship, custodian or clerical roles. Upon successful completion of the program, participants receive a \$250 stipend towards career development needs (uniform or work attire, courses or certifications etc.)

Rensselaer County Youth Employment Program

Participants register through Rensselaer County for the Youth Employment Program. Participants who are placed with BGCCA will participate in Career Launch and get work experience by serving as mentors in our AfterSchool programs. Participants are paid an hourly wage through Rensselaer County. For more info or to register please contact 518-270-2883.

FAMILY/ ADULTS

First Time Home Buyer's Seminar

Troy Clubhouse

Tuesday, October 14 6:30-8:00 PM

Rooms: Cafeteria and Computer Lab

This information session gives adults the knowledge and tools to prepare financially for purchasing their first home. Includes an adult component as well as a separate seminar for kids ages 5-12 on their own financial literacy (to ensure we have a childcare option for parents who attend.)

EVENTS

Back to School BBQ

Troy Clubhouse

Friday, August 29 4:00-7:00 PM

Reconnect with friends, with free youth haircuts and school supplies giveaway.



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