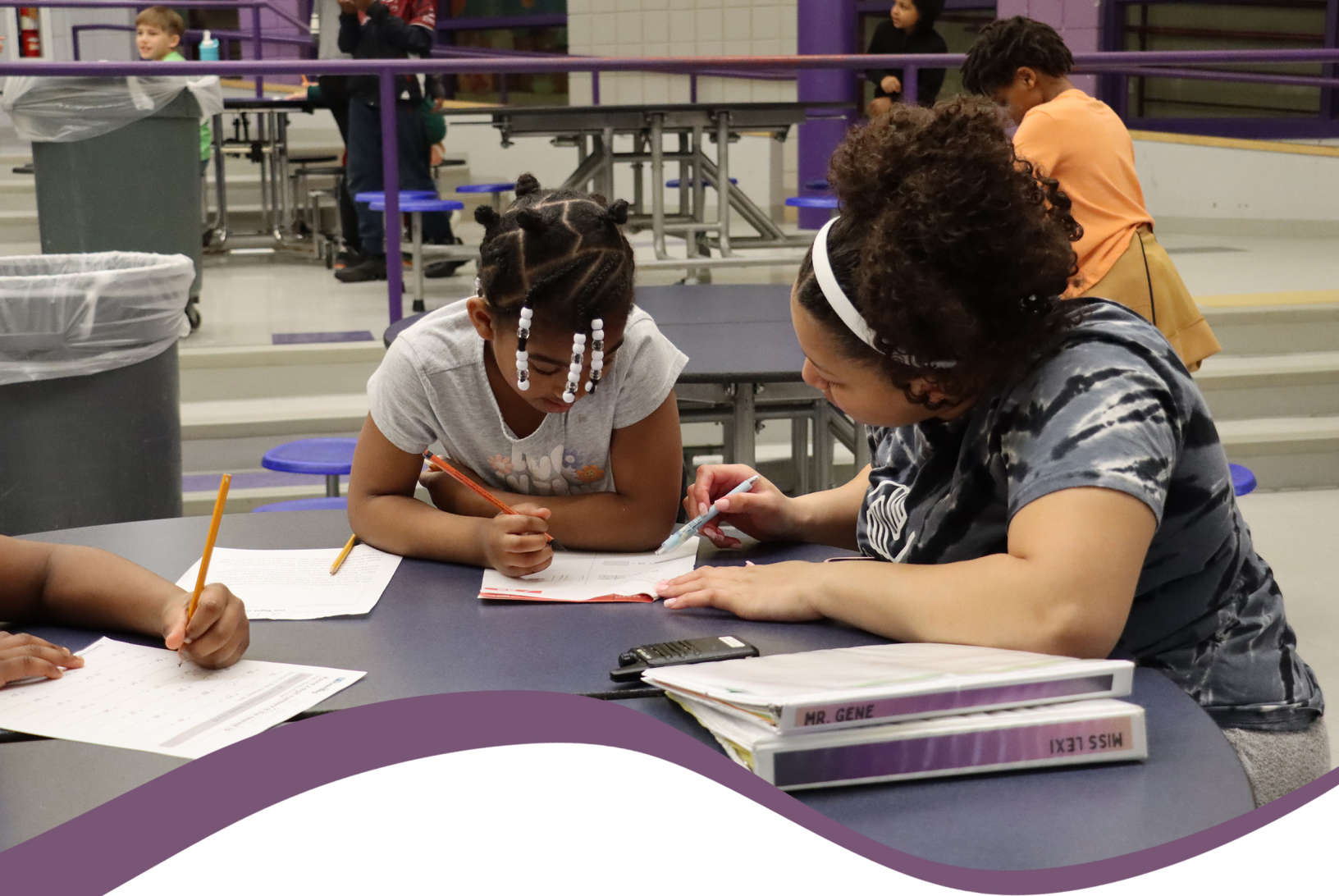




BOYS & GIRLS CLUBS
OF THE CAPITAL AREA

FAMILY RESOURCE PACKET
ALBANY COUNTY

Welcome to Our Family Resource Packet!

We believe that strong families build strong communities. We know that every family is unique, and we want to ensure you have access to the resources and services that best support your individual needs. Whether you're looking for assistance with food, housing, or social services, seeking skill-building opportunities, enrichment programs, or meals for your child, we're here to help connect you with what you need.

This packet includes information about local and youth-centered services designed to support both caregivers and children. Our goal is to make sure every family in our program feels supported, empowered, and informed. If you need help connecting to any of the services in this guide, please reach out to our staff.

Please take a look and let us know if you have any questions or if there's a way we can assist you further.

Warmly,
Boys & Girls Clubs of the Capital Area
Albany Clubhouse
21 Delaware Ave, Albany, NY, 12210
518-462-5528





Love to swim or want to cool off?

This resource guide highlights free and low-cost opportunities for families to enjoy swimming and water play throughout the community. Included are local public pools, splash pads, and county parks that offer affordable access to aquatic recreation. This guide provides options to help families make the most of local water-based activities.

Arbor Hill Pool

Location: 50 Lark St.
Type: Indoor pool
Hours: 1pm-6:30pm (Mon-Sat)
Lifeguards: Yes
Admission: Albany residents only, FREE

Lincoln Park Pool

Location: Lincoln Park Rd.
Type: Outdoor pool
Hours: 1pm-6:30pm (daily)
Lifeguards: Yes
Admission: Albany residents only, FREE

Mater Christi Pool

Location: 1134 New Scotland Ave.
Type: Outdoor pool
Hours: 1pm-6:30pm (daily)
Lifeguards: Yes
Admission: Albany residents only, FREE

Peerless Pool

Location: Saratoga Spa State Park
Type: Outdoor Pool
Hours: 10am-6pm (6/27-9/07)
Lifeguards: Yes
Admission: \$10/Car entrance fee to the park
Details: A wonderland for kids, the Peerless Pool Complex features three different pool areas, including the main pool, kiddie pool, and water slides!

Victoria Pool

Location: Saratoga Spa State Park
Type: Outdoor Pool
Hours: 10am-6pm (6/27-9/07)
Lifeguards: Yes
Admission: \$10/Car entrance fee to the park
Adults: \$8.00
Children (5-11): \$4.00
Children (5 & under): Free

Thompson's Lake

Location: Thatcher State Park
Type: Public lake
Hours: 10am-6pm (6/21-9/01)
Lifeguards: Yes
Admission: FREE

Brown's Beach

Location: 511 NY-9P, Saratoga Springs, NY 12866
Type: Public lake
Hours: 10am-7pm (-9/07)
Lifeguards: Yes
Details: Swimming, Paddle Boarding, Kayaking, Canoeing
Admission: Beach passes available for discounts
Adults (12+): \$5.00
Children (5-11): \$3.00
Children (4 & under): FREE

Splash Pads

The city of Albany operates 11 spray pads across the city, open daily from the third Saturday in June through Labor Day. Available from 10am – 6pm, spray pads are a free, safe, and family-friendly way to cool down.

- **Krank Park** – 65 First Ave
- **Sheridan Hollow Park** – Sheridan Ave & Dove
- **Colonie Street Park** – Near Livingston Ave
- **Black Lives Matter Park** – 484 Livingston Ave
- **Hackett Park** – North First St.
- **North Sawn Street** – Between 1st & 2nd St.
- **Upper Lincoln** – Morton & Delaware Ave.
- **Westland Hills Park** – Colvin Ave
- **Lower Lincoln Park Pool** – 701 Lincoln Park





invites you to

Beat the Heat This Summer!

Albany Spray Pads

Now Open Daily!

10AM to 6PM



Complete registration
for the pool now at
<https://albanyrec.activityreg.com/>

We Work So Albany Can Play!

**Black Lives Matter | Hackett Park | Upper Lincoln Park
Clinton Market | Ridgefield Park | Rosemont Park
Sheridan Park | N. Swan St. Park**

Any questions, please contact Adam Holligan @ aholligan@albanyny.gov

How Do I Know if my Child Needs Swim Lessons?

10 Questions to Answer

It's something many of us may not consider as parents...**but how do you know if your child needs swim lessons?** Even if you think your child “knows” how to swim, or that you're not around any bodies of water, **keep your kids safer** and make sure you can say YES to ALL 10 of these questions:

1. Can my child hold his or her breath underwater?

Babies aged 4 months and older can start learning how to swim — and one of the first steps is being comfortable with putting their face in the water. Everyone needs to be able to hold their breath underwater, whether playing in the water, swimming or staying safer.

2. Can my child get in and out of a pool safely?

Pool injuries can happen from not knowing how to properly get in and out of the water. Especially for little ones, teaching the correct method goes a long way to staying safer.

3. Can my child float on his or her back?

Kids often don't register when they get tired: They can go from having tons of energy to suddenly having none. In the water, that can cause trouble — but knowing how to pause, float on their back, take a breath and rest can preserve their energy so they can safely get out of the water.

4. Can my child get from one side of the pool to the other?

Knowing how to swim gives children the confidence to get to the other side of the pool and makes swimming much more fun!

5. Can my child get to shallow water when it's too deep?

Many water emergencies stem from panic over not knowing what to do. If your child lands in water that is over his or her head, he or she needs to know how to instinctively move to shallow water without stressing about it.

6. Can my child tread water?

If, however, there is no shallow water nearby, your child should know how to stay afloat by treading water until help can arrive.

7. Can my child stay safe when in the water unexpectedly?

It's simple when kids just dip their ankles in the pool, but what happens when they land in water that is deeper than they thought? Everyone needs to be comfortable enough to not panic and know what to do to get out of the water safely.

8. Does my child know what to do in a possible water emergency?

If your child can safely stay afloat in the water, and knows how to swim, it's also important children know what to do in a possible emergency — the signs of drowning and what to do. Whether your child is babysitting or just hanging out with friends, it's imperative to know how to help.

9. Does my child know when to wear a life jacket?

As their parent, you know when to put a life jacket on your child. But what if your child is out with other relatives or friends? Your child should know independently when a life jacket is necessary, even if other adults beside you are around, to stay safer in and around the water.

10. Does my child know safety rules for being around water?

Sure, kids know when their parents tell them not to run — but why shouldn't they run? Teach children how to be safer in and around the water, so it's understandable and not just another rule to follow.



Goldfish Swim School – Colonie

145 Wolf Rd, Albany, NY 12205

(518) 535-1015

goldfishswimschool.com

Prices range from \$38-\$50 a lesson.

Call for availability.

Excel Aquatics

1770 Central Ave, Colonie, NY 12205

(518) 250-9363

goswimexcel.com



Private Lessons (1:1 Student to instructor ratio) \$80 per class

Semi-Private (2:1 Student to instructor ratio) \$50 per student

Group Lessons: (3:1 Student to instructor ratio) \$40 per student

MAYOR APPLYS LAUNCHES SUMMER FUN RESOURCE HUB

One place for Albany families to find youth programs, activities, and events.

Part of Albany's **coordinated violence prevention strategy**.

Built to **help parents and guardians** quickly access:

- Summer programs
- Recreation opportunities
- Community events
- Registration details
- Age requirements
- Program costs
- Contact information

Programs include resources from the **City, County, schools, faith organizations, and community partners**.

Visit:
albanyny.gov/summerfun

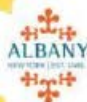
Need a City Recreation Pass?
albanyny.gov/recpass





The Youth's Guide TO SUMMER FUN

IN THE CITY OF ALBANY



ACCESS HERE



Summer Camps
Recreation
Centers
Summer
Programs
Swim Lessons
Family-Friendly
Events
and more!

MAYOR DR. DORCEY L. APPLYS



Sign up for your Free Pass to Recreation in the City of Albany!
Pool Access | Recreation Programs | Community Centers | Events

WWW.ALBANYNY.GOV/SUMMERFUN



ADMIT ONE

REC PASS

YOUR KEY TO
RECREATION

SIGN UP TODAY! ALBANYNY.GOV/RECPASS



POOLS



RECREATION
CENTERS



COMMUNITY
CENTERS



SPECIAL
EVENTS

FREE FOR ALBANY RESIDENTS

GET STARTED IN 3 EASY STEPS!

- 1 VISIT
albanyny.gov/recpass
- 2 CLICK
"Log In with Email"
- 3 SELECT
"Don't have an account? Sign Up"

WHY REC PASS?

- ✓ Faster entry at pools.
- ✓ One account for your whole household
- ✓ Easy sign-up for recreation programs
- ✓ Quick access to special events and activities
- ✓ Your connection to Albany Recreation



NEED HELP?

518-434-5699

Albany West
Community Center
520 Livingston Ave.
Albany, NY 12206

OFFICE HOURS
Monday-Friday
9:00AM - 5:00PM

SIGN UP TODAY!

ALBANYNY.GOV/RECPASS

BOOST ACADEMIC CONFIDENCE

Sign Up Now!

FREE Afterschool STEM Tutoring at Albany West

The Department of Recreation is proud to partner with The University of Albany Science & Technology Entry Program to offer free, after-school academic tutoring for kids, grades 7 - 12.

Sign up at Albany West, at any time, for this on-going program!

Visit www.albanyschools.org/transportation/index to complete a "Transportation Application" / "Change Pick Up/Drop Off" form OR utilize the CDTA swiper card for direct Albany School District bussing from school to Albany West!

MONDAYS – THURSDAYS

REGISTER AT ALBANY WEST!

Space is limited —
Reserve Your Place
on the Waitlist!

Light Refreshments Served

Hablamos español

4:00PM – 7:00PM

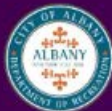
- 4:00 - 5:30PM: Middle School Reading, Science & Mathematics
- 5:30 - 7:00PM: High School Reading, Science & Mathematics
- Regents Exam Preparation, SAT Preparation & Tutoring
- Homework Help & Academic Mentoring

ALBANY WEST

520 Livingston Ave.

518- 434-5699

brodriguez@albanyrec.gov



NEW YORK STATE
STEP

improves science achievement & earned proficiency scores



www.albanynyrec.activityreg.com



The Department of Recreation, in partnership with the
Trinity Alliance of the Capital Region / SNUG Albany, presents...

Playstreets 2026

11am-2pm

Krank Park
Friday, July 10th
Krank St

Washington Park
Friday, July 17th

Corner of State & Willet Streets

Black Lives Matter Park
Friday, July 24th

Corner of Livingston and N. Lake Street

Buckingham Pond
Friday, July 31st

39 Berkshire Boulevard

Lincoln Park
Friday, August 7th

701 Lincoln Park Road



ALBANY
REC

TRINITY
ALLIANCE
CAPITAL REGION
SNUG
ALBANY

We work, so Albany can play!

For questions, contact Lakeiya White at lwhite@albanyny.gov or 518-434-5699



The Department of Recreation, in partnership with the
Trinity Alliance of the Capital Region / SNUG Albany, presents...

Playstreets 2026

11am-2pm

Your participation is requested at...

Meet the City

This Playstreets event is all about connections, our colleagues, our departments, and the community we proudly serve. It's a chance for residents to meet the men and women who keep Albany running every day, and for us to highlight the incredible work happening across the City.

Buckingham Pond
Friday, July 31st
701 Lincoln Park Road



ALBANY
REC

TRINITY
ALLIANCE
CAPITAL REGION
SNUG
ALBANY

We work, so Albany can play!

For questions, contact Lakeiya White at lwhite@albanyny.gov or 518-434-5699



**Summer Fun and
Summer Meals!**

**Kids and
Teens Eat
Free!**

Kids ages 18 and under can get **free, healthy meals** this summer at places nearby. No sign up needed—just drop by when meals are served!



Find Summer Meals:



Visit SummerMealsNY.org
Call 211 or 1-866-3-HUNGRY



This institution is an equal opportunity provider.

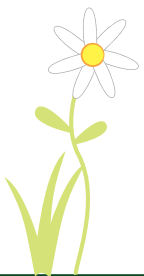


**¡Diversión de
verano y comidas
de verano!**

**¡Los niños y
adolescentes
comen gratis!**

Los menores de 18 años pueden obtener **comidas saludables gratis** este verano en lugares cercanos. No es necesario que se registren, solo tienen que pasar cuando se sirvan las comidas!

Encuentre comidas de verano:



**Visite SummerMealsNY.org
Llame al 211 o al 1-877-8-HAMBRE**



Esta institución es un proveedor de igualdad de oportunidades..

Apply for Cooling Assistance

Low-income New Yorkers can apply for cooling assistance under the Home Energy Assistance Program, or HEAP.

To apply, make sure you have:

- ✓ Proof of residency
- ✓ Recent pay stubs for all household members
- ✓ Photo ID/Identification for each household member

What is it?

The Cooling Assistance Benefit helps income-eligible households buy and install an air conditioner or fan to cool their home.

How does it work?

If you are eligible, you may receive one cooling benefit per applicant household for the purchase and installation of an air conditioner or fan.

How much can I receive?

The price cannot be more than \$800 with installation for a portable air conditioner, or fan, and not to exceed \$1,000 for an existing wall sleeve unit. Like heating assistance funding, cooling assistance funds are limited and are distributed on a first-come-first-served basis.

Eligibility & Application

Please visit ny.gov/services/apply-cooling-assistance to review eligibility requirements.

Applications may be submitted in person or accessed by contacting your HEAP Local District Contact. The Albany County HEAP Contacts include:

Albany County Department of Social Services

162 Washington Ave, Albany, NY, 12210

Phone: 518-447-7323

Monday-Friday, 8:30am-4:30pm

energy@albanycounty.com

Alternate Certifiers

Cornell Cooperative Extension (CCE)

230 Green Street, Floor 3, Albany, NY, 12202

Phone: 518-765-3560

Monday-Friday, 8:30am-4:30pm

Further information and application details can be found at ny.gov/services/apply-cooling-assistance



The **City of Albany** has launched a centralized resource hub for summer youth programming, making it easier for families to find and register for activities. The official hub is albanyny.gov/summerfun, which lists programs from the City, County, schools, faith organizations, and community partners.

The page contains upcoming family-friendly events from the Albany Summer Fun website.

MVP Kids Day

Saturday, July 11, 2026 | 11:00 a.m. - 4:00 p.m. | FREE | West Capitol Park (85 South Street, Albany)
Contact: Empire State Plaza Events (special.events@ogs.ny.gov)

Bring the whole family to MVP Kids Day for a fun-filled day of free activities and entertainment at the Empire State Plaza! Enjoy a special live performance by Bebefinn, explore the Touch-a-Truck Showcase presented by Capital District Transportation Authority, test your skills at Fun Putt, and take part in exciting activities including pony rides, face painting, and more at West Capitol Park. This family-friendly event is free and open to children of all ages, making it the perfect summer outing for the community.

Sundae Sunday!



Sunday, July 19, 2026 | 1:00 p.m. - 3:00 p.m. | FREE | Albany Public Library (Bach Library, 455 New Scotland Ave)
Contact: Amy McLaughlin (aplprogramming@albanypubliclibrary.org) Ages: 3-11

It's National Ice Cream Day! Celebrate with a scoop at the Bach Branch. We will have sundae supplies from Stewart's Shops and some fun crafts and activities. While you're there sign up for the Summer Reading Challenge and ages 0-5 can register for our early literacy Growing Readers program! Registration is required.

Storytime & Play: GIANT Parachute Day

Wednesday, July 22, 2026 | 10:30a.m. – 11:30 a.m. | FREE | Albany Public Library (Delaware Library, 331 Delaware Ave) Contact: Amy McLaughlin (aplprogramming@albanypubliclibrary.org) Ages: 0-4

Join us for stories, songs and fun for preschoolers & their caregivers every week at the Delaware Branch. This week we'll have our Giant Parachute outside for story time! (weather-permitting). After Storytime-- stay & play! Let your little ones tap into their imaginations during this unstructured play time. Kids can color, create & practice their Letter of the Day-- or play with our toy kitchen, fidget toys, blocks, dolls, train sets & more!

No registration required. Walk-ins are always welcome

Reptile Adventure!



Thursday, July 23, 2026 | 2:00 p.m. - 3:00 p.m. | FREE | Albany Public Library (Pine Hills, 517 Western Ave)
Contact: Amy McLaughlin (aplprogramming@albanypubliclibrary.org) Ages: 5-11

Touch a snake! Pet a tortoise! See eye to eye with a chameleon! Plus, learn how these creatures live, what to do if you meet one in the wild, and more! This interactive program features live demonstrations and information about reptiles around the world.



Registration Required

KIDS BOWL FREE

REGISTER YOUR CHILD FOR A
SPRING & SUMMER FUN
Bowling Pass

2 FREE GAMES OF BOWLING
A DAY THIS SPRING & SUMMER!
Or Equivalent Time

TO REGISTER YOUR CHILDREN TO RECEIVE
2 FREE GAMES OF BOWLING A DAY THIS SPRING & SUMMER,
GO TO **WWW.KIDSBOWLFREE.COM**

Unlock a Summer of Fun, Laughter, and Lasting
Memories – All at No Cost

kidsbowlfree.com



Mass Food Distributions

Walls Temple AME Zion Church – Albany County

July 3 @ 1:00 pm

Walls Temple AME Zion Church

27 Delaware Street

Albany, NY 12202

The Salvation Army (Albany)

July 8 @ 8:00 am

Salvation Army Albany

20 S Ferry Street

Albany, NY 12202

Trinity Alliance Arbor Hill Center

July 15 @ 8:00 am

Trinity Alliance Arbor Hill Center

47 Lark Street

Albany, New York 12210

Macedonia Baptist Church

July 18 @ 10:00 am

Macedonia Baptist

26 Wilson Ave

Albany, NY 12205



Need Food Assistance?

Call the Food Pantries for the Capital District Referral Line:

518-458-1167 ext. 1

- Receive **FREE** assistance
- Calls are 100% confidential
- Our team can help you:
 - Find emergency food assistance
 - Find food pantries near you
 - Arrange for home delivery of food if you cannot go to the pantry & no one can go for you
 - Connect you with other support services
 - Llamanos si necesitan ayuda con comida



You can also visit our website: <https://thefoodpantries.org/>

- View & print our Basic Resources Guide
- Use our Food Connect Map to find pantries near you, as well as other resources such as:
 - **Free Food Fridges**
 - **Community Meals**
 - **Soup Kitchens**
 - **Mobile Pantries**

Follow the link or QR code and simply put in your address. The map will show you red pins where food pantries are located.



What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program. Your NOEP Coordinator can assist with evaluating your eligibility for SNAP, help you fill out your application, and will advocate for your right to benefits based on SNAP policy.

NOEP Albany County Coordinators:

Jessica Welshans 518-533-5922 jwelshans@lasnny.org

Cheryl Corning 518-689-6335 ccorning@lasnny.org

95 Central Avenue Albany, New York 12206



2026 SUMMER MEALS ARE HERE!

**BEGINNING
JULY 7TH,
2026**

Free, nutritious meals are available for all kids and teens 18 and under at nearby sites. Many locations also offer activities. See the next page for sites.

- See link to find a summer meal spot near you
<https://hungersolutionsny.org/find-food-help/summer-meals/>
- Summer EBT (S-EBT) helps eligible families buy food for school-age children during summer. Visit NYSOTDA's Summer EBT page for details.
- See this link for details about Federal legislation impacting SNAP
<https://feedingamericaaction.org/snap-and-obbb/>



2026 SUMMER MEAL SITES

Site name	Site Address	Hours (Mon-Fri)
Giffen Memorial Elementary School	274 S Pearl St Albany, NY 12202	10:30am-12:30pm
Arbor Hill Elementary School	1 Arbor Dr Albany, NY 12207	8:00am-9:00am, 12:00pm-1:00pm
Albany International Academy	50 Lark St Albany, NY 12210	8:30am-9:30am, 12:00pm-1:00pm
William S Hackett Middle School	45 Delaware Ave Albany, NY 12202	8:00am-9:00am, 12:00pm-12:30pm
Thomas S O'Brien Acad Of Sci & Tech	94 Delaware Ave Albany, NY 12202	08:00am-9:00am, 11:30am-12:30pm
Sheridan Prep Academy	400 Sheridan Ave Albany, NY 12206	10:30am-12:30pm
Albany School Of Humanities	108 Whitehall Rd Albany, NY 12209	10:30am-12:30pm
Tony Clement Education Center	395 Elk St Albany, NY 12206	Mon-Thurs 08:45am-10:00am, 11:00am-12:15pm
Roots Academy-West Hill	676 Clinton Ave Albany, NY 12206	10:30am-12:30pm
Albany High School	700 Washington Ave Albany, NY 12203	8:30am-9:30am, 12:00pm-1:00pm
Pine Hills Elementary School	41 N Allen St Albany, NY 12203	8:00am-9:15am, 11:30am-12:30pm
Abram Lansing School	26 James St Cohoes, NY 12047	08:00am-09:00am, 12:00pm-01:00pm
Cohoes High School	1 Tiger Way Cohoes, NY 12047	07:15am-09:30am, 11:00am-12:30pm
Watervliet Gazebo Park	6th St & 3rd Ave Watervliet, NY 12189	11:00am-01:00pm
Watervliet Civic Center	14th St. And 1st Ave. Watervliet, NY 12189	08:00am-09:00am, 11:00am-01:00pm
Watervliet Housing Authority	2400 2nd Ave Watervliet, NY 12189	11:00am-01:00pm
Paine Street Park	Paine St Green Island, NY 12183	10:30am-01:00pm
Watervliet Junior-Senior HS	1245 Hillside Dr Watervliet, NY 12189	08:00am-09:00am, 10:30am-01:00pm

Complete Site List
for Albany County
as of 07/07/26



BOYS & GIRLS CLUBS
OF THE CAPITAL AREA

Approved Open NY Summer Meal Sites as of July 1, 2026

County	Site Name	Site Address	Contact Phone	Start Date	End Date	Days of Operation	Breakfast Time	Lunch Time
Albany	Abram Lansing School	26 James St, Cohoes, NY, 12047-3299	518-237-9100	06/29/26	08/13/26	M,T,W,TH,F	07:15AM-09:30AM	11:00AM-12:30PM
Albany	Albany High School	700 Washington Ave, Albany, NY, 12203-1495	518-475-6644	07/06/26	08/19/26	M,T,W,TH,F	08:30AM-09:30AM	12:00PM-01:00PM
Albany	Albany International Academy	50 Lark St, Albany, NY, 12210	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F	08:30AM-09:30AM	12:00PM-01:00PM
Albany	Albany School Of Humanities	108 Whitehall Rd, Albany, NY, 12209-1495	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F		10:30AM-12:30PM
Albany	Arbor Hill Elementary School	1 Arbor Dr, Albany, NY, 12207	518-475-6644	07/06/26	08/14/26	M,T,W,TH,F	08:00AM-09:00AM	12:00PM-01:00PM
Albany	Boys & Girls Club Of The Capital Are	21 Delaware Ave, Albany, NY, 12210	518-462-5528	07/06/26	08/28/26	M,T,W,TH,F	08:30AM-09:15AM	12:00PM-01:15PM
Albany	Cohoes High School	1 Tiger Way, Cohoes, NY, 12047-3299	518-237-9100	07/06/26	08/19/26	M,T,W,TH,F	07:15AM-09:30AM	11:00AM-12:30PM
Albany	Giffen Memorial Elementary School	274 S Pearl St, Albany, NY, 12202-1899	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F		10:30AM-12:30PM
Albany	Paine Street Park	Paine St, Green Island, NY, 12183	518-629-3203	07/06/26	08/21/26	M,T,W,TH,F		10:30AM-01:00PM
Albany	Pine Hills Elementary School	41 N Allen St, Albany, NY, 12203-1601	518-475-6644	07/06/26	08/14/26	M,T,W,TH,F	08:00AM-09:15AM	11:30AM-12:30PM
Albany	Roots Academy-West Hill	676 Clinton Ave, Albany, NY, 12206-2216	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F		10:30AM-12:30PM
Albany	Sheridan Prep Academy	400 Sheridan Ave, Albany, NY, 12206-2920	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F		10:30AM-12:30PM
Albany	Thomas S O'Brien Acad Of Sci & Tech	94 Delaware Ave, Albany, NY, 12202-1398	518-475-6644	07/06/26	08/07/26	M,T,W,TH,F	08:00AM-09:00AM	11:30AM-12:30PM
Albany	Tony Clement Education Center	395 Elk St, Albany, NY, 12206	518-475-6644	07/13/26	08/19/26	M,T,W,TH	08:45AM-10:00AM	11:00AM-12:15PM
Albany	Union Missionary Baptist Church	1 Morton Ave, Albany, NY, 12202	518-462-5528	07/06/26	08/21/26	M,T,W,TH,F		12:00PM-01:00PM
Albany	Vi Community Center	844 Madison Ave, Albany, NY, 12208	518-462-5528	06/29/26	08/28/26	M,T,W,TH,F	08:45AM-09:30AM	12:00PM-12:45PM
Albany	Watervliet Civic Center	14th St. And 1st Ave., Watervliet, NY, 12189	518-629-3203	06/29/26	08/21/26	M,T,W,TH,F	08:00AM-09:00AM	11:00AM-01:00PM
Albany	Watervliet Elementary School	2557 10th Ave, Watervliet, NY, 12189-1798	518-629-3203	06/29/26	08/21/26	M,T,W,TH,F	08:00AM-09:00AM	10:30AM-01:00PM
Albany	Watervliet Gazebo Park	6th St & 3rd Ave, Watervliet, NY, 12189	518-629-3203	07/06/26	08/21/26	M,T,W,TH,F		11:00AM-01:00PM
Albany	Watervliet Housing Authority	2400 2nd Ave, Watervliet, NY, 12189	518-629-3203	07/06/26	08/21/26	M,T,W,TH,F		11:00AM-01:00PM
Albany	Watervliet Junior-Senior HS	1245 Hillside Dr, Watervliet, NY, 12189-2499	518-629-3203	07/06/26	08/21/26	M,T,W,TH,F	08:00AM-09:00AM	10:30AM-01:00PM
Albany	William S Hackett Middle School	45 Delaware Ave, Albany, NY, 12202-1301	518-475-6644	07/06/26	08/07/26	M,T,W,TH	08:00AM-09:00AM	12:00PM-12:30PM

2026 WEEKLY SCHEDULE

EFFECTIVE JUNE 15, 2026



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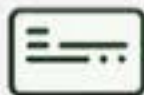
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2026 WEEKLY SCHEDULE

EFFECTIVE JUNE 15, 2026

Bringing fresh fruits and vegetables
to neighborhoods across the Capital Region!

MONDAY

NEW

Joseph Allen Apartments
2:00 PM – 2:30 PM
780 Albany St, Schenectady

NEW

Schaffer Heights
2:45 PM – 3:45 PM
107 Nott Terrace, Schenectady

TUESDAY

Whitney Young
10:30 AM – 11:30 AM
920 Lark Dr, Albany

TIME
CHANGE

Kane Apartments (Sprout)
11:15 AM – 11:45 AM
5 115th St, Troy

USCRI
11:45 AM – 12:30 PM
155 Washington Ave, Albany

Monument Square (Sprout)
12:00 PM – 12:45 PM
2 1st St, Troy

NEW

Blooming Grove Senior Housing
1:00 PM – 1:30 PM
99 Blooming Grove Dr, Troy

Father Leo (Sprout)
2:15 PM – 3:00 PM
3151 Mariaville Rd, Schenectady

Edison Senior (Sprout)
3:15 PM – 3:45 PM
1310 Princetown Rd, Schenectady

FMNP Pop-Up
3:30 PM – 4:30 PM
Check @CapitalRootsNY for Location!

WEDNESDAY

Capital District
Psychiatric Center
10:30 AM – 11:15 AM
75 New Scotland Ave, Albany

St. Sophia
11:30 AM – 12:30 PM
440 Whitehall Rd, Albany

TIME
CHANGE

Westview Homes (Sprout)
11:30 AM – 12:30 PM
680 Central Ave, Albany

TIME
CHANGE

Thurlow Terrace (Sprout)
12:45 PM – 1:45 PM
2 Thurlow Terrace, Albany

Cohoes Senior Center
2:00 PM – 3:00 PM
10 Cayuga Plaza, Cohoes

NEW
DAY

Drake / Idlewild (Sprout)
2:00 PM – 2:30 PM
112 2nd St, Albany

TIME
CHANGE

Kennedy Towers
3:15 PM – 4:00 PM
2100 6th Ave, Troy

TIME
CHANGE

O'Neil Apartments (Sprout)
4:00 PM – 4:30 PM
2121 6th Ave, Troy

LEGEND

NEW

= New Stop

TIME
CHANGE

= Time Change

NEW
DAY

= New Day

(Sprout) = Veggie Mobile®
Sprout Stop

THURSDAY

Van Rensselaer Heights
10:15 AM – 11:00 AM
460 Forbes Ave, Rensselaer

Renwyck Place Apartments
11:15 AM – 12:00 PM
18 4th Ave, Rensselaer

Burns Apartments
11:30 AM – 12:15 PM
720 Federal St, Troy

Watervliet Public Library
12:30 PM – 1:30 PM
1501 Broadway, Watervliet

Capital Green Apartments
2:00 PM – 2:45 PM
400 Central Ave, Albany

TIME
CHANGE

Van Schoonhoven Square (Sprout)
2:45 PM – 3:30 PM
1 Van Schoonhoven Square,
Waterford

Steamboat Square Apartments
3:00 PM – 3:45 PM
200 Green St, Albany

NEW
DAY

Lansingburgh Apartments (Sprout)
3:15 PM – 3:45 PM
2 1st St, Troy

FRIDAY

South Mall Towers
10:30 AM – 11:30 AM
101 S Pearl St, Albany

Conway Court Apartments
11:30 AM – 12:15 PM
12 Conway Court, Troy

Eugene Hanratta Senior Housing
12:30 PM – 1:15 PM
500 16th St, Watervliet

Summit Towers
1:30 PM – 2:30 PM
720 Albany St, Schenectady

Ogden Mills Apartments
2:30 PM – 3:30 PM
1 Ogden Mills Plaza, Cohoes

Ten Eyck Apartments
2:45 PM – 3:45 PM
375 Broadway, Schenectady

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VOICES OF A VILLAGE

COMMUNITY CONVERSATION & DINNER

Have your say on the issues that matter—the housing crisis, community safety, environmental justice, and connection to resources. Join the conversation, share ideas, and help shape a stronger, fairer community.

Save the Dates



COMMUNITY DINNERS

4TH Saturday of the month 6pm
8 Kate Street, Albany
Bring a dish to share if able



Love
ALBANY

Time: 6:30– 8:30 pm

Location: South End Children's Cafe

33 Rensselaer St
Albany, NY 12202

FREE DINNER & CHILD CARE! FOR MORE INFORMATION EMAIL INNOVATION-BLOCKS@AVILLAGE.ORG