

BOYS & GIRLS CLUBS
OF THE CAPITAL AREA

FAMILY RESOURCE PACKET
RENSSELAER COUNTY

Welcome to Our Family Resource Packet!

We believe that strong families build strong communities. We know that every family is unique, and we want to ensure you have access to the resources and services that best support your individual needs. Whether you're looking for assistance with food, housing, orsocial services, seeking skill-building opportunities, enrichment programs, or meals for your child, we're here to help connect you with what you need.

This packet includes information about local and youth-centered services designed to support both caregivers and children. Our goal is to make sure every family in our program feels supported, empowered, and informed. If you need help connecting to any of the services in this guide, please reach out to our staff.

Please take a look and let us know if you have any questions or if there's a way we can assist you further.

Warmly,
Boys & Girls Clubs of the Capital Area
Troy Clubhouse
1700 7th Ave, Troy, NY 12180
518-462-5528



Hamaspik
MANAGED CARE

RENSSELAER COUNTY COMMUNITY RESOURCES

IMPORTANT CONTACTS TO KNOW

Dept of Social Services	Services
518-447-7300	Services include providing aid to eligible recipients through the Family Assistance, Safety Net, Day Care, Employment, Supplemental Nutrition Assistance Program (formerly called food stamps), Medicaid, and Home Energy Assistance Programs.
Office for the Aging	
518-447-7198	The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care.
APS	
518-447-7177	APS is a mandated service provided by local social services districts. It involves intake, investigation and assessment of referrals of abuse, neglect, and financial exploitation of impaired vulnerable adults who live in the community
Mobile Mental Heath	
518-447-4555	Crisis Intervention services, applicable to adults, children and adolescents are intended to stabilize behavioral health symptoms and return individuals to pre-crisis levels of functioning. Programs that exclusively provide phone support.
HEAP	
518-447-7323	HEAP is a federally funded energy program intended to assist low-income households in meeting their immediate home energy needs.

RENSSELAER COUNTY COMMUNITY RESOURCES

SNAP	
800-342-3009	SNAP provides nutrition benefits to supplement the food budget of needy families so they can purchase healthy food and move towards self-sufficiency.
NYS Office of Temporary and Disability Assistance	
800-342-3009	The Office of Temporary and Disability Assistance (OTDA) offers programs for food and temporary cash assistance, heating assistance, child support enforcement, and more.
Medicaid transportation contact for DSNP members with FFS Medicaid	
800-850-5340	Services include processing requests (forms, 2015, etc) from Medicaid recipients and doctors (social workers, office assistants, etc.) and duly facilitating necessary transportation to various private car companies in your area
paratransit	
https://www.albanycounty.com/departments/aging/transportation and https://www.cdta.org/star-program	The Capital District Transportation Authority(CTDA), a public benefit organization, provides regular route buses, shuttle buses, and paratransit services in the Capital Region transportation district, with the goal of offering safe, reliable, and courteous service.

RENSSELAER COUNTY COMMUNITY RESOURCES

INDEPENDENT LIVING CENTERS

Regional Counties	Contact Information	Auxiliary Independent Living Centers	Services
Albany South Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie	Debbie Abreu **Independent Living Center of the Hudson Valley (ILCHV)** 15-17 Third Street Troy, NY 12180 Email:dabreu@ilchv.org Tel: 518-274-0701, ext. 109 Fax: 518-274-7944 Educ & Outreach, Pat Pfeifer ppfeifer@ilchv.org	**Capital District Center for Independence,** Albany 518-459-6422	Independent Living Centers (ILCs) are community-based organizations whose main focus is to teach people with disabilities the skills required for independent living. Other services include advocacy, counseling, support groups, assistance with housing, and referrals.

RENSSELAER COUNTY COMMUNITY RESOURCES

NATIONAL CONTACTS

Affordable Connectivity Program	The Affordable Connectivity Program provides: Up to $30/month discount for broadband service; Up to $75/month discount for households on qualifying tribal lands; and A one-time discount of up to $100 for a laptop, desktop computer, or tablet purchased through a participating provider if the household contributes more than $10 but less than $50 toward the purchase price. The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household. Eligibility The guidelines outline specific criteria for eligibility, including having a household income at or below 200 percent of the Federal Poverty Guidelines or having a member of the household who meets at least one of the criteria outlined at https://www.fcc.gov/acp. **Two Steps to Enroll** 1. Go to ACPBenefit.org to submit an application or print out a mail-in application, and 2. Contact your preferred participating provider to select a plan and have the discount applied to your bill. For more information and full details, visit https://www.fcc.gov/acp or call 877-384-2575
Relay Health Services	**711 TTY** - Relay Health Services for those with communication impairments- TTY-based Telecommunications Relay Services permit persons with a hearing or speech disability to use the telephone system via a text telephone (TTY) or other device to call persons with or without such disabilities.
National Suicide Hotline	**988 - National Suicide Hotline**- 988 is the easy-to-remember number that reaches what is commonly referred to as the Lifeline—a network of more than 200 state and local call centers funded by the U.S. Department of Health and Human Services through the Substance Abuse Administration and administered by Vibrant Emotional Health
Information and Referral Services	**211**-2-1-1 is a free telephone number providing access to local community services. 2-1-1 is available in multiple languages, allowing those in need to access information and obtain referrals to physical and mental health resources; housing, utility, food, and employment assistance; and suicide and crisis interventions.
Covid-19 Emotional Support Helpline	1(844)-863-9314 Hours: Every day 8AM-10PM We have an emotional support helpline, educational materials, trusted referrals, and local provider agencies… all dedicated to helping you manage and cope with changes brought on by COVID.

	NY Project Hope Crisis Counselors understand what you are going through. Talking with them is free, confidential, and anonymous. Talk with someone who is trained, knowledgeable and never judges. Sometimes it's helpful to talk with someone you don't know.
Coalition For the Homeless Crisis Hotline	COALITION FOR THE HOMELESS CRISIS HOTLINE **888-358-2384** Call to get help finding shelter or other crisis needs, including SSI Benefits, housing assistance, and Mail Service

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RENSSELAER COUNTY COMMUNITY RESOURCES

FINANCIAL

AGENCY | ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
Joseph's House	(518) 272-2544	74 Ferry Street Troy, NY 12180		https://www.josephshousetroy.org/	joseph's House is a local nonprofit organization that provides local residents with help for paying bills, rent, and more. Free legal services included
The Roarke Center	(518) 273-8351	107 4th St, Troy, NY 12180			offers assistance with more everyday living expenses. The staff can assist clients with obtaining non-narcotic prescriptions, gasoline vouchers or bus tokens for work, clothing, or food. While more rare, there can be other support too. This may be financial help with rent and mortgage payments, natural gas or water bills, school supplies, and holiday food and toys.

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MANAGED CARE

RENSSELAER COUNTY COMMUNITY RESOURCES

HOUSING

AGENCY | ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE	SERVICES
CEO's Rensselaer Family Resource Center	(518) 694-9915	1641 3rd St, Rensselaer, NY 12144		https://www.ceoempowers.org	create a powerful system able to lift people out of poverty. Our services support everyone from babies in the womb to seniors.
Rensselaer Housing Authority	(518) 436-0230	85 Aiken Ave, Rensselaer, NY 12144		https://www.phada.org/articles2/nymdir.htm	Provides housing assistance.
Southern Rensselaer County Family Resource Center	(518) 766-4120	24 New Rd, Nassau, NY 12123			Provides housing assistance.
Wage Center	(518) 380-5600	200 Green St #1, Albany, NY 12202		https://wagecenters.com	provides access to job training and employment opportunities for Public Housing residents, and low income persons who live in the area of a HUD assisted project

					for housing or community development.

HOTLINE

WEBSITE
Rensselaer County Contacts: https://www.rensco.com/directory.aspx

URGENTCARE

AGENCY | ORGANIZATION NAME	PHONE	ADDRESS	HOURS OF OPERATION	WEBSITE
WellNow Urgent Care	(518) 268-2345	573 N Greenbush Rd, Rensselaer, NY 12144		
Capital Region Family Health Care	(518) 286-4899	2 Empire Dr Ste 100, Rensselaer, NY 12144		
St. Peter's Rensselaer Health Center	(518) 434-2526	53 Columbia St, Rensselaer, NY 12144		

Troy, NY Rent and Bill Pay Assistance

The list of financial assistance program(s) are listed below. We list bill pay services, prescription assistance programs, mortgage assistance programs in Rensselaer County.

Rensselaer County Temporary Assistance

547 River Street
Troy, NY – 12180
http://www.rensco.com/departments/social-services/temporary-assistance/

(518) 266-7800

Request temporary assistance. Temporary Assistance is temporary help for men, women and children in need. Temporary assistance includes both family assistance and safety net programs. Family Support (FA) Family Assistance (FA) offers cash assistance to families in need, including an underage child living with a parent (including families where both parents are in the household) or a carer.

YWCA of the Greater Capital Region

21 First St
Troy, NY - 12180
https://www.ywca-gcr.org/

(518) 274-7100

Services: Rental Assistance, Utility Assistance. Rental assistance Requirements: eviction notice, court notice or letter from landlord, proof of income, ID, residence in Rensselaer County. Utility assistance - Requirements: power company disconnection notice, DSS/HEAP denial letter, bill has to be in customers name, must live in Rensselaer County.

Catholic Charities Tri County Services Roarke Center

107 4th Street
Troy, NY - 12180

518-273-8351

Services: Rental assistance rental arrears to prevent eviction, 1st month's rent (if code condemned, fire or other emergency that would lead to homelessness). Case management and advocacy with landlord to ensure assistance will prevent eviction and tenant can pay going forward.

Unity House of Troy, Inc.

2431 Sixth Avenue
Troy, NY - 12180
https://www.unityhouseny.org/

(518) 274-2607

Services: Rental Assistance up to three months of rental arrears to prevent eviction. Utilities up to $500 to prevent a shut off. Case management, advocacy, and referrals to community services. Income eligible adults and their dependent children who are imminently at risk of homelessness. Must complete Community Resources intake.

Troy, NY Child Care Assistance

Sunnyside Child Development Center

9th St. at Ingalls Ave
Troy, NY - 12181

518-274-5986

Services at Sunnyside Center are located in North Central Troy and include a day care program serving children 6 weeks to 5 years old; an after-school program for children grades K-6, which runs schooldays from 2:30-5:30pm; and a summer day camp program for children 5-12

Troy, NY Homeless Shelters and Homeless Assistance

Troy Area United Ministries Free Furniture Assistance

392 2nd Street
Troy, NY - 12180
https://taum.org/

(518) 274-5920

The Furniture Program: The Furniture Program provides good, used furniture, free of charge, to families in need, including the working poor, women and their dependent children fleeing domestic violence, families leaving homeless shelters, persons with disabilities and the elderly poor.

Rensselaer County Homeless Services

127 Bloomingrove Drive
Troy, NY - 12180
http://www.rensco.com

(518) 833-6000

Provides referrals to temporary shelter for families. Office hours: Mondays through Fridays 9am to 4pm.

The Food Pantries for the Capital District Basic Needs Resource Guide

Find Help Where You Need It:

Albany County
Rensselaer County
Saratoga County
Schenectady County

Thank you to our sponsor:

MVP HEALTH CARE

The Food Pantries for the Capital District

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.

Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

www.TheFoodPantries.org

ABOUT THE FOOD PANTRIES—QUICK FACTS

- The Food Pantries is a coalition of more than 68 food pantries
- Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties
- The Food Pantries was founded in 1979
- We collect food from food drives for free distribution to our member pantries
  - The community can help by hosting Food and Fund Drives
- $1 can help provide 6.25 pounds of food to the hungry
- All of the services we provide to our members are completely free for them to utilize

HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 20212 we helped fund, collect and deliver enough food for more than 3.2 million meals and 282,033 pantry visits

Delivery Service—3,630,485 pounds of food delivered to our member pantries

Food Drives—141,969 pounds of food collected

Donated Products Delivered—206,363 pounds of donations distributed

Infant Needs— 64,230 diapers and 688 cans of formula distributed

Food Funding—Money is put on account at the food bank for our food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

Information and Referrals— 8,741 people were referred to pantry services and additional programs.

WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2021 Numbers and Statistics)

Approximately 65,709 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

86,286 pantry visits by infants and children (ages 0-17)
159, 054 pantry visits by adults (ages 18-59)
36,693 pantry visits by senior citizens (ages 60+)
We are maintaining the highest service levels in our coalition's history

Hotline and Service Referral List

Adult Protective Services	(518) 447-7177
NYS HIV Hotline—AIDS Counseling and Testing Línea directa de SIDA en Español	(800) 541-2437 (800) 233-7432
Al-Anon *for Friends and Families of Alcoholics*	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (OAS)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse Hotline (National)* Call or Text	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 457-5727
Domestic Violence Assistance (Unity House) Online Chat Available: unityhouseny.org	(518) 272-2370 Text: (518) 720-6161
Domestic Violence Hotline (Equinox)* Online Chat Available: equinoxinc.org	(518) 432-7865
Domestic Violence Hotline (Wellspring)* Live Chat Available: wellspringcares.org	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167

*24 hour hotlines and referrals

Human Trafficking Hotline (National)*	(888) 373-7888 Text: 233733
Hunger Hotline (USDA National) Línea Directa del Hambre (USDA Nacional Español)	(866) 3-HUNGRY (866) 348-6479 (877) 8-HAMBRE (877) 842-6273
Meals on Wheels *Home Delivered Meals for Seniors*	(518) 465-6465
Medicaid Helpline	(800) 541-2831
Narcotics Anonymous	(888) 399-5519
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 549-6000
Psychiatric CDPC Crisis Unit and Crisis Mobile Unit	(518) 549-6500
Sexual Assault Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 486-1086
Suicide Prevention Hotline (National) * For TTY: Dial 711 then 988	Dial 988
Mortgage Help (Homeowner's Hope Hotline)	(888) 995-4673

This is not a comprehensive list,
for more information regarding
human service and support agencies please call:

United Way: Dial 211

For Emergencies: Dial 911

*24 hour hotlines and referrals

Schenectady Community Resources

Legal Aid Society	(518) 462-6765	55 Colvin Avenue, Albany
Schenectady Community Action Program (SCAP) Resource Center	(518) 374-9181	913 Albany Street Schenectady
Schenectady One Stop Center	(518) 344-2737	797 Broadway
Schenectady County Chapter, NYSARC, Inc.	(518) 372-1160	214 State Street
Schenectady Inner City Ministry	(518) 374-2683	837 Albany Street

Schenectady County Social Services

Schenectady County DSS	(518) 388-4470	797 Broadway
DSS Adult Protective Services - Schenectady	(518) 344-2830	797 Broadway

Schenectady Housing and Shelter Assistance

Schenectady Community Action Program, Inc. (SCAP)	(518) 374-9181	913 Albany Street Schenectady
Bethesda House of Schenectady	(518) 374-7873	834 State Street
City Mission of Schenectady	(518) 346-2275	425 Hamilton Street
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect Street, Building 2 , Suite 313, Ballston Spa

Schenectady Clothing and Furniture Assistance

Salvation Army Schenectady Corps Community Center	(518) 346-0222	222 Lafayette Street
Schenectady Community Action Program (SCAP)	(518) 374-9181	913 Albany Street
Home Furnishings Program, Inc. *Referral Required	(518) 346-2444	603 State Street

**Price points may vary - call ahead for availability and pricing*

Schenectady Community Meals

BREAKFAST

Mon- Fri	7:30 AM - 8:30AM	Salvation Army Schenectady	222 Lafayette St. (518) 346-0222
Sun (except 1st Sun of the month/holidays)	8:30 AM - 9:30 AM	First United Methodist Church	603 State St. (518) 374-4403
Last Sat of the month	10:00 AM - 11:00 AM	Emmanuel Friedens Church	218 Nott Terrace (518) 374-4114

LUNCH

Mon - Fri	1200 PM-1:00PM	Salvation Army Schenectady	222 Lafayette St (518) 346-0222
Mon - Fri	2:30 PM-4:00 PM	Bethesda House	834-836 State St (518) 374-7873
Sundays	3:00 PM-3:30PM	City Mission	512 Smith St (518) 246-2275 ext. 0
Last Sun of the Month	1:30 -2:30 PM	Christ Church Episcopal	970 State St (518) 374-3064

DINNER

Mon - Sat Takeout	4:30 PM-5:30 PM	City Mission	512 Smith St (518) 246-2275 ext. 0

ALBANY COUNTY

Albany Food Assistance

To find the pantry that serves your neighborhood call:
The Food Pantries for the Capital District — (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:
NOEP Albany (Nutrition Outreach and Education Program) – (518) 462-6765 ext.327
SNAP Albany (Supplemental Nutrition Assistance Program) - (518) 447-2551

Information about the Women, Infants, and Children Program (WIC):
Albany Women's Health Center of Albany Med. College - (518) 432-4033, 220 Green St.
Cohoes Family Care Mom's Program - (518) 235-7282, 55 Mohawk St., Cohoes

Information about Summer Meals:
Dial 211, or text "Food" to 304-304

Albany Medical Assistance

Albany County Health Department	(518) 447-4580	M-F 8:30 AM - 4:30 AM 175 Green St.
Albany County Cancer Services Program	(518) 525-8680	Free Cancer Screening
Alliance for Positive Health	(518) 434-4686	Testing for HIV and STDs
Cancer Services of Albany	(518) 525-8680	Call for Locations
Capital City Rescue Mission Free Clinic	(518) 462-0459	Free Medical Clinic Tues, Fri 9:00 AM - 3:00 PM 88 Trinity Place
Capital District Psychiatric Center	(518) 549-6000	24 Hour Assistance
Damien Center (AIDS Community Center Peer Programing, Referrals)	(518) 449-7119	Open 24 hours 728 Madison Ave #100 Albany, NY 12208
Healthy Families New York	(518) 447-7054	Home based program for expectant and new parents
Healthy Capital District Initiative (Insurance Assistance)	(518) 462-7040	M-F 9 AM–3 PM
Medicaid/Medicare	(518) 447-7300	M-F 8:30 AM–4:30 PM
Planned Parenthood Albany	(518) 434-5678	855 Central Ave. Albany, NY 12206
Whitney Young Jr. Health Services	(518) 465-4771	920 Lark Drive

Albany Community Meals

BREAKFAST

Wed, Thurs;	7:30 AM - 8:30 AM	FOCUS Churches	85 Chestnut St. (518) 443-0460
Daily	6:30 AM	Capital City Rescue Mission	259 S. Pearl St. (518) 462-0459
Mon - Fri	9:00 AM - 10:30 AM	Sheridan Hollow Drop-In Center	26 S. Swan St (518) 694-8899

LUNCH

Mon, Thurs Sun	11:00AM - 1:00 PM 12:00 PM - 2:00 PM	Sister Maureen Joyce Center	369 Livingston Ave. (518) 462-9885
Tues, Sat	11:30 AM - 1:00 PM	St. John's/St. Ann's	88 4th Ave. (518) 472-9091
Wed	11:30 AM - 12:30 PM	Sacred Heart Church	33 Walter St. (518) 434-0680
Mon - Fri	1:00 PM- 3:00 PM	Sheridan Hollow Drop-In Center	26 S. Swan St (518) 694-8899
Daily	11:30 AM	Capital City Rescue Mission	259 S. Pearl St. (518) 462-0459

DINNER

Mon - Sat Sun	6:00 PM 4:00 PM	Capital City Rescue Mission	259 S. Pearl St. (518) 462-0459
Mon	5:00 PM - 7:00 PM	Food Not Bombs	Social Justice Center 33 Central Ave. (518) 478-6152
Mon - Fri	Call for times and locations	Salvation Army Mobile Canteen	20 S. Ferry St. (518) 463-6678
Sat	4:00 PM - 5:30 PM	United Church of Cohoes	123 Mohawk St. (518) 237-0278

SCHENECTADY COUNTY

Schenectady Food Assistance

To find the pantry that serves your neighborhood call:
The Food Pantries for the Capital District - (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:
NOEP (Nutrition Outreach and Education Program) - (518) 374-2427
SNAP (Supplemental Nutrition Assistance Program) - (518) 388-4470

Information about the Women, Infants, and Children Program (WIC):
Schenectady Public Health - (518) 386-2824, 107 Nott Terrace

Information about Summer Meals:
Dial 211, or text "Food" to 304-304

Food 4 Schdy App:
Search "**Food 4 Schdy**" on the Google Play or Apple App Store

Schenectady Medical Assistance

Cancer Services of Schenectady	(518) 841-3726	Call for Locations
Ellis Family Health Center	(518) 382-2000	600 McClellan Street
Family & Child Service of Schenectady, Inc	(518) 393-1369	1007 Maryland Ave, Schenectady
Healthy Schenectady Families	(518) 386-2824	107 Nott Terrace
Hometown Health Center	(518) 370-1441	1044 State Street
Planned Parenthood of Schenectady	(518) 374-5353	1040 State Street
Schenectady County Chapter, NYSARC, Inc	(518) 372-1160	214 State Street
Schenectady County Public Health Services	(518) 386-2815	107 Nott Terrace, Suite 306
Damien Center (HIV/AIDS)	(518) 449-7119	728 Madison Ave, Suite 100, Albany

Saratoga Housing and Shelter Assistance

CAPTAIN Youth and Family Services	(518) 371-1185 (518) 369-9928 (24 Hr Youth Shelter)	5 Municipal Plaza, Suite 3, Clifton Park
HEAP Saratoga County	(518) 884-4146	152 West High Street Ballston Spa
Mother Susan Anderson Emergency Shelter	(518) 222-5242	60 Caroline St, Saratoga Springs
Shelters of Saratoga	(518) 581-1097	14 Walworth St, Saratoga Springs
Veteran and Community Housing Coalition	(518) 885-0091	20 Prospect St, Building 2, Suite 313, Ballston Spa

Saratoga Clothing and Furniture Assistance

CAPTAIN's Treasures	(518) 383-1788	1705 Route 9, Clifton Park
Franklin Community Center	(518) 587-9826	95 Washington St, Saratoga Springs
Moreau Community Center Thrift Shop	(518) 792-6007	144 Main St, South Glens Falls
Noah's Attic Thrift Shop	(518) 885-9455	10 West High St, Ballston Spa
Second Hand Rose	(518) 695-4640	116 Broad St, Schuylerville

Albany Community Resources

Albany Community Action Partnership (ACAP)	(518) 463-3175 (518) 237-9201	333 Sheridan Ave. 145 Remsen St., Cohoes
Catholic Charities of the Diocese of Albany	(518) 453-6650	40 North Main Ave.
Equinox Chemical Dependency, Domestic Vio-	(518) 435-9931	500 Central Ave.
Legal Aid Society	(518) 462-6765	95 Central Ave.
Trinity Alliance of the Capital Region	(518) 449-5155	15 Trinity Place

Albany County Social Services

Albany DSS	(518) 447-7300	162 Washington Ave.
Albany Count Department for Aging	(518) 447-7198	162 Washington Ave.

Albany Housing and Shelter Assistance

Albany Housing Authority	(518) 641-7500	200 S Pearl St.
CHOICES of Cornel Coop. Ext. Alternate Certifiers	(518) 756-8650	Weatherizations Disability Access
Department of Social Services: HEAP, weatherization, emergency heat	(518) 447-7323	162 Washington Ave.
Homeless Action Committee Outreach Van Mobile Assistance for Homeless Persons	(518)-495-0663	Summer: 12 PM - 8 PM Winter: 2 PM - 10 PM
Homeless and Travelers Aid (HATAS)	(518) 463–2124 (24 Hrs) Call for shelter placement	138 Central Ave.
NY Connects	(518) 447- 7177	Resource Directory
Sheridan Hollow Drop in Center	(518) 694-8899	26 S. Swan St.
United Tenants of Albany	(518) 436– 8997	295 Hamilton St. M-Thurs 10 AM - 3:30 PM
Equinox—Youth Outreach Center	(518) 407-0376	95 Central Ave. Youth Living Assistance

Albany Clothing and Furniture Assistance

Capital City Rescue Mission	(518) 462-0459 ext. 259	Women - Wed, Fri 9:30 - 11:30 AM 1:30 - 3:00 PM Men - Tues, Thurs 9:30 - 11:30 AM 1:30 PM - 3:00 PM 95 Trinity Place
Grassroots Givers Community Store	(518) 599-5157	522 Washington Ave. Open by appointment
St. Mary's Outreach	(518) 462-4357	Tues, Thurs, Fri 9 AM - 11:30 AM 10 Lodge St, enter from Steuben St.
St. John's/St. Ann's Center	(518) 472-9091 ext. 14	Mon, Wed, Thurs, Fri, Sat 10 AM - 3 PM, Tues 11:30 AM - 1 PM 88 4th Ave.
Sheridan Hollow Drop-In Center	(518) 694-8899	Mon—Fri 9:30 AM—2:00 PM 26 S. Swan St. Please call ahead
Capital Region Furniture Bank	(518) 612-2265	Mon—Fri 8:30 AM—3:30 PM 5 Anderson Dr. Referral Required.

**Price points may vary - call ahead for availability and pricing*

Saratoga Community Meals

BREAKFAST

Mon-Fri	*7:30 AM– 10:00 AM*	*Salvation Army Saratoga*	*27 Woodlawn Ave, Saratoga Springs (518) 584-1640*

LUNCH

Mon-Sat Sun	11:45 AM - 1:00 PM 3:00 PM - 4:00 PM	Saratoga EOC LifeWorks Community Action	24 Circular St, Saratoga Springs (518) 581-8233
Sundays	*2:00 - 4:00 PM*	*St. Clement's Outreach*	*231 Lake Ave, Saratoga Springs*

Saratoga Community Resources

CAPTAIN Community Human Services	(518) 371-1185	5 Municipal Plaza # 3,
Saratoga EOC	(518) 288-3206	39 Bath Street, Ballston Spa
Franklin Community Center	(518) 587-9826	95 Washington St,
Legal Aid Society	(518) 587-5188	40 New St, Saratoga Springs
Mechanicsville Area Community Center	(518) 664-8322	6 South Main St,

Saratoga County Social Services

Saratoga DSS	(518) 884-4140	152 West High St, Ballston Spa
DSS Adult Protective Services - Saratoga	(518) 884-4159	152 West High St,

Need Food Assistance?

Call the Food Pantries for the Capital District Referral Line:

518-458-1167 ext. 1

- Receive **FREE** assistance
- Calls are 100% confidential
- Our team can help you:
  - **Find emergency food assistance**
  - **Find food pantries near you**
  - **Arrange for home delivery of food if you cannot go to the pantry & no one can go for you**
  - **Connect you with other support services**
  - **Llamanos si necesiten ayuda con comida**

You can also visit our website: https://thefoodpantries.org/

- View & print our Basic Resources Guide
- Use our Food Connect Map to find pantries near you, as well as other resources such as:
  - **Free Food Fridges**
  - **Community Meals**
  - **Soup Kitchens**
  - **Mobile Pantries**

Follow the link or QR code and simply put in your address. The map will show you red pins where food pantries are located.



What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers to nutrition assistance programs such as the SNAP program, the School Breakfast Program, and Summer Food Service Program. Your NOEP Coordinator can assist with evaluating your eligibility for SNAP, help you fill out your application, and will advocate for your right to benefits based on SNAP policy.

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